#### Amma UK



LOVE IS THE CENTRE-POINT OF LIFE. WE SHOULD PERFORM ALL OUR ACTIONS, WHILE REMAINING FOCUSED ON THIS CENTRE-POINT. Amma



# Br. Shubamrita UK Spring Tour 2019 Bromley • Thur May 2 Dorset • Fri May 3 London • Sat May 4

Br. Shubamrita, one of Amma's closest disciples tours the UK with a guided walk, spiritual talks and devotional singing.



#### Contact

info@macentre.org.uk www.amma.org.uk www.embracingtheworld.org **Brahmachari Shubamrita Chaitanya** has lived with Mata Amritanandamayi (Amma) as a monastic disciple since 1989 and regularly gives lectures and seminars on stress management and meditation throughout Europe, Africa, India and the Middle East. Drawing on more than 30 years of experience as one of Amma's closest disciples and personal translators, Br. Shubamrita shares his understanding of the Eastern spiritual traditions in practical and easily understandable terms. Br. Shubamrita is also known as a gifted singer/songwriter.

Mata Amritanandamayi, known throughout the world as Amma, or Mother, is one of the world's most respected humanitarian and spiritual leaders. Her entire life has been dedicated to alleviating the pain of the poor and those suffering physically and emotionally. Amma inspires, uplifts and transforms through her physical embrace, her spiritual wisdom and her humanitarian activities. Her boundless love and compassion cross all barriers of nationality, culture and religion. For her extraordinary contributions to world peace, Amma received the Gandhi King Award for Nonviolence in 2002. Her charitable projects, now known collectively worldwide as Embracing the World<sup>®</sup>, are reaching out to millions around the globe. In India, Amma's organisation has been given Special Consultative Status to the United Nations.

## BROMLEY Thur May 2 2-4 pm

Guided Walk

An opportunity to join Br. Shubamrita for a guided historic tour of Keston Common by the Chair of the Bromley Local History Society on Thursday 2 May 2019 at 2pm. Caesar's well is a natural spring that is the origin of the river Ravensbourne that runs as a culvert directly under the MA Centre UK and is considered to have special significance. The area was a major Roman villa and legend has it that the thirsty Roman soldiers were led to the spring by watching the activities of ravens. Charles Darwin completed much of his work on earthworms at Keston Common.

As numbers are needed in advance, please call 07883 945 863 or register at info@ macentre.org.uk. Please bring something to share for the picnic at the end and dress appropriately for the weather!

Westerham Road Car Park Keston Common Bromley BR2 6HU

Free

## DORSET Fri May 3 5.45 pm

Spiritual Talk Living Life to the Fullest

Br. Shubamrita's talk starts a four-day weekend of mantra chanting, bhajans and pujas celebrating all faiths, along with Satsang and workshops.

Arrive by 5.45pm latest for the opening puja ceremony. The talk begins 7.30pm. (Dinner is not included, however snacks will be on sale in the chai shop.)

The Amma UK Satsang group will also chant the sacred names with a fire ceremony on Sunday morning and lead the closing ceremony on Monday.

All are welcome to join for the evening (registration required) or to book for the whole weekend. More information at ukbhaktigatherings.co.uk

Register and donate at: http://tablatom.com/gigs/swamishubamrita-satsang

Beltane Bhakti Gathering Venue: Osho Leela Centre Thorngrove House Common Mead Lane Gillingham Dorset SP8 4RE

By donation

### LONDON Sat May 4 6-9pm

#### Spiritual Talk Overcoming Loneliness

An analysis of this increasingly common and sad condition affecting modern society, with practical self-help advice to overcome it.

With the benefit of more than 30 years experience with Amma, Shubamritaji shares his understanding of Eastern spiritual traditions in a refreshing and modern style.

He will also sing devotional songs and lead a brief guided meditation.

Food will be available on a donation basis at the end of the event.

Merton Arts Space Wimbledon Library Compton Road London SW19 7QA

Free